



## Whole School Curriculum Map Physical Education (PE)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	<b>Dance</b> Explore ways of travelling and expressing movements.	<b>Gymnastics</b> Develop strength, balance and climbing skills.	<b>Balanceability</b> (Bikes & balancing)  Develop children's balancing skills through cycling.	<b>Space &amp; Invasion Activities</b> Children learn to look, find and evade space.	<b>Races</b> Introduce racing in preparation for Sports Day.	<b>Multi-Skills</b> Throwing, catching, and striking skills. Recap on spatial awareness.
<b>Key Stage One</b>	<b>Striking &amp; Fielding</b> Introduce basic throwing, catching and rolling skills.  <b>Net/Wall Games</b> Introduce basic coordination skills using a racket.	<b>Invasion Games</b> Children learn importance of space, and learn how to pass a ball.  <b>Gymnastics Unit 1 (Floor)</b> Floor skills and routines including rolls and balancing.	<b>Gymnastics Unit 2 (Apparatus)</b> Progress skills onto large apparatus. Focus on jumping and landing.  <b>Net/Wall Games</b> Start to hit a ball and progress to returning a shot.	<b>Healthy Lifestyle</b> Themed lessons designed to look into healthy foods, teeth and hygiene in fun active games.  <b>Invasion Games</b> Introduce basic attacking and defending skills.	<b>Outdoor &amp; Adventurous Activities</b> Problem solving tasks, and use exploration skills during games.  <b>Dance</b> Develop children to create their own movements with rhythm.	<b>Athletics</b> Develop children's knowledge in athletic events. Participate in various events.  <b>Striking &amp; Fielding</b> Using earlier unit skills, introduce gathering and batting components.
<b>Lower Key Stage Two</b>	<b>Striking &amp; Fielding</b> Learn to gather the ball effectively and get into simple games.  <b>Net/Wall Games</b> Able to return a shot consistently and start to perform a rally.	<b>Invasion Games</b> Pass and move in various games, developing variation and skill.  <b>Performing Arts (Gym &amp; Dance)</b> Create sequences	<b>Net/Wall Games</b> Learn different types of shots to add variation to their skill set.  <b>Invasion Games</b> Attack and defending skills as a team.	<b>Invasion Games</b> Children to play team sports and introduction to tactics.  <b>Striking &amp; Fielding</b> Small games, work towards being consistent in fielding skills.	<b>Outdoor &amp; Adventurous Activities</b> Use simple maps to problem solve in tasks.  <b>Healthy Lifestyle</b> Learn about 'energy', sugar levels and what is and isn't healthy for us.	<b>Athletics</b> Understand the difference and take part in track and field events.  <b>Invasion Games</b> Children to play team sports and apply tactics in different games.
	<i>All UKS2 units are to prepare children for competitions. This includes creating tactics, varying styles of play and create/take part in scenarios similar to competition.</i>					
<b>Upper Key Stage Two</b>	<b>Competitions</b> Level 2 – Basketball Level 2 - Handball	<b>Competitions</b> Level 1 - Dodgeball Level 2 – Gymnastics	<b>Competitions</b> Level 1 - Tennis Level 1 – Volleyball	<b>Competitions</b> Level 1 – Cricket Level 2 - Rounders	<b>Competitions</b> Level 1 - Athletics Level 2 - Dance	<b>Competitions</b> Level 2 - Football Level 1 - Hockey