

Jigsaw Jenie's Journey

Changing Me

hand

healthy

How do we change as we grow?

child

ear

chest

I will learn about...

- The different names for parts of my body
- Respecting my body
- Healthier food choices
- Changes I might face such as moving class
- How I change as I get older
- How to talk about my worries/fears
- How to talk about the things I am looking forward to



eye

foot

What can you see?

arm

nose

leg

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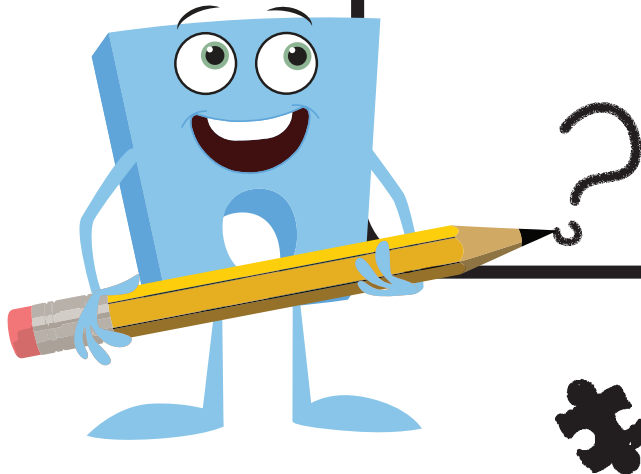
How will we change as we grow up?

What does each body part do?
Why is it important?

Our Class Thinking Pad

What have I learnt in this puzzle that helps me to understand how we change as we grow?

Can you describe something you could do to be healthy and happy?



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